

# CAERUS NEWSLETTER

10th Edition



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## EDITION NO. 10

Find out what Caerus has been up to  
and what you can look forward to!

The Caerus Newsletter is a monthly newsletter intended to give you all the ins and outs of our Study Association. Informing you on all the Board has done in the past month to better the community and show that we are not just sitting around during these times. In addition, you can read about other awesome stuff such as committee updates, announcements and upcoming events you can participate in!

Do not hesitate to contact us if you have any questions or like to add something, reach us on Facebook, Instagram or email us at [info@caerus-ucg.com](mailto:info@caerus-ucg.com)

**SO**   
Fun, Activities, Footwear



# BOARD UPDATES

What have we been up to?

## General Assembly

The first General Assembly of the Board 2020 - 2021 took place on the 12th of October. We would like to warmly thank all you who attended. Hopefully we will see all your faces and some new ones at the second General Assembly next year!



## Resolutions

During the General Assembly two resolutions were voted on and put in place. Resolutions are temporary policy changes that we as a Caerus Board would like to test and see if the community approves so we can work on them and make actual policies to vote on at the second GA.

First, the resolution on reimbursements and a relaxation of rules regarding events was passed. This means that when you have signed up to an event but experience health issues, you can cancel your participation on a short notice and receive a reimbursement. Secondly, the resolution on creating one big long term investment fund was passed. This means that rather than each committees receiving a €100 per year, there will be one large pot all the budgets combined. Committees can then send a proposal to request a bigger amount of money for long term investments. Those proposals will be evaluated on a case by case basis and certain rules will apply to make sure that not all money is used within a short period of time. For more info on the resolutions, we ask you to carefully read the minutes on the [Caerus website](#) (the minutes are only accessible for Caerus members).

## Audit Committee

During the GA there was an amazing Audit Committee we would like to thank as well. The third year student Martje Bos and second year student Elena Voeten form the independent body that looks over the financial records of Caerus.



Martje



Elena



## Advisory Council

For this year we are again making use of the advisory council. The advisory council is comprised of previous board members and active Caerus members. Their role is to advise the current Caerus board both upon request and when they deem it necessary. They can also be contacted by Caerus members who wish to discuss issues with the current board. The advisory council can be contacted at [advisorycouncil@caerus-ucg.com](mailto:advisorycouncil@caerus-ucg.com). For this year the following people are on the Advisory Council:

Bart Swinkels (*Treasurer, Caerus Board 2018-2019*)

Amy Horsford (*Secretary, Caerus Board 2019-2020*)

Bethany Wong (*Treasurer, Caerus Board 2019-2020*)

Eva van der Hulst (*External Affairs Officer, Caerus Board 2019-2020*)

Yoram Sennekool (*Active Caerus member and Student Assessor 2019-2020*)

Thank you to all of you for guiding us through our board year!



## Faculty Board meeting

On the 9th of October the 6th Caerus Board had its very first meeting with the UCG Faculty Board. Topics we discussed were aspects such as connecting students, creating a stronger community spirit and looking out for students' mental health.

It was a pleasant talk in which both parties agreed to work together to make the three themes mentioned above work for the whole of UCG and its students. What this means for Caerus members is an extra set of hands to partner up with when organising events during these difficult times.

A summary of the meeting has already been sent out to all committees by our CAO, Julius.

## CUOS Board Grant application

As talked about during our first GA, this year we will again be applying for the CUOS Board Grant. We have already been working on the application and continue to put our best efforts into filling in all the necessary documents. The deadline has been extended to the 1st of December but we intend to have the application finished about two weeks before this hard deadline. This way we can get feedback from CUOS and make corrections to our application before the actual deadline if necessary.

## Bol.com: new book contract

We have set up a new book contract with bol.com which enables Caerus members to order study books with a 5% discount. Simply check out the Caerus website 'My Caerus > Order Study Books' or click [here](#) (only accessible for Caerus members).

We of course also highly encourage the usage of second hand books. Check out the [Facebook group UCG \(Text\) Book buy/sell/trade](#)



## Green Label Checklist

A couple weeks ago, the board and a representative of the UCG Green Office had a short meeting with Iris Bergers, the RUG Green Office representative for External and Research. With her we talked about the Green Label and tips on how to make Caerus even more sustainable. In fact, many tips she gave us have turned out to be already implemented in Caerus. Concerning the remaining tips, we will put those into practice as effectively as possible. This way we hope to score high and attain the Green Labels this year.



## Masterclasses

We have continued the tradition of holding masterclasses for committee positions Chair, Secretary and Treasurer. Birgit is still working on setting up a meeting with her the Chairs. The committee Secretaries had a meeting with Zoe a couple of weeks ago in which she gave all kinds of tips and tricks to master your Secretary tasks. Eleni has had a meeting with half the treasurers and is working on setting up another meeting for the rest.

We hope that these classes are informative and helpful and if you have any questions, you know how to contact



# UCSRN UPDATES

University College Student  
Representatives of the Netherlands



## UCSRN Buddy UCT

For this year we will have a UCSRN buddy! For those of you who don't know: The 'University College Student Representatives of the Netherlands' (UCSRN) is the umbrella organization of all the University College studies (UC's) in the Netherlands. The UCSRN strives to integrate all the University Colleges and promotes them to the general public and companies. Our UCSRN buddy for this year will be University College Twente (UCT). UCT has the same program we have (Liberal Arts and Sciences) but specializes in technology making it Technology, Liberal Arts & Sciences. UCT is represented by their study association S.A. Atlantis. Atlantis was founded in 2013 and now has over 300 members! They have 24 committees that focus on all kinds of things; activities, drinks, snow and many others. They will also be hosting this year's UCSRN Tournament. For those who don't know what the tournament is; check out their instagram page!: *UCSRN Tournament 2021*

The goal of the buddy program is to improve our relationships with other University Colleges. We believe that a collaboration with UCT will be very beneficial since we are both UC's who have the disadvantage of being further away than the other UC's. At the same time UCT has grown a lot in a small amount of time, meaning that they can perhaps teach us a thing or two. We are both very excited about working together and are looking forward to seeing where this collaboration will go. Make sure to keep an eye on our website since we are already working on our first (online) collaborative event!



The UC Twente Board



## COMMITTEE UPDATES

What your favorite committees have been up to!

### Career Team x AIESEC: Personal Goal Setting Workshop

On the 20th of October, the Career Team and AIESEC (one of our Caerus Partners) held a personal goal setting workshop. During this event, Caerus members were taught how to make SMART goals by setting realistic, actionable, and properly timed objectives in their lives. We thank AIESEC for this helpful workshop!

### MuCG: Halloween Jam Session

The first ever online MuCG Jam Session took place on the 26th of October and what a blast it was! Of course, a little bit different than we are used to but never the less of really great quality. We enjoyed watching some scary halloween characters play some spooky songs to get into the vibe of Halloween. The recordings were made into a lovely youtube video that premiered that evening but can still be watched on [this link!](#)

If you're interested in joining the next Jam Session or have any other music related questions, do not hesitate to contact MuCG on instagram or [mucg@caerus-ucg.com](mailto:mucg@caerus-ucg.com)

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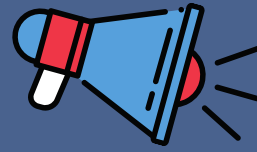
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After acquiring some new members earlier this year, /SLASH/ has started publishing new articles about a wide range of topics, ranging from erotic dreams to police brutality in Nigeria. Be sure to check them out on our website!



# YOUR INPUT

We would love to hear about your ideas!



## First year task force

*You are a first year student and would like to give your input and ideas?  
Contact [ucsrnsocial@caerus-ucg.com](mailto:ucsrnsocial@caerus-ucg.com)!*

We know that these times are challenging, especially for our first years. We are very aware that you are in a difficult situation; during your first year you usually have the time to meet new people, have parties, attend fun events and many more things. Even though we are doing our very best to ensure that you still have the best time possible, we are aware that this might not be enough. This is why we would like to invite you to help us out. We want to set up a first year task force. This task force would consist of only first years who will advise us on topics they find important. This can either be social or academic, internal or external problems, frascati related, Groningen related or anything else you can think of. If you are interested in joining our first year task force please contact Eva Douglas by either sending an email to [ucsrnsocial@caerus-ucg.com](mailto:ucsrnsocial@caerus-ucg.com) or by texting +316 13623286.

## Sustainability Subsidy

This year we will be applying for the Sustainability Subsidy from CUOS. To get the grant we have to submit a proposal for a project or simply general improvements that we would like to make in order to make our faculty more sustainable. Since Caerus is such a tight-knit community we would like to invite you to send us any suggestions or ideas or projects that we could implement in our application for the Sustainability Subsidy. Please send these ideas to [info@caerus-ucg.com](mailto:info@caerus-ucg.com)



## Sustainability events

As part of our efforts to make Caerus more sustainable (and to get the sustainability subsidy), we are currently busy thinking of additional sustainability events. We are planning to have, for example, short lectures from people with sustainability-related jobs. We will also have a brainstorming session for more events soon. Interested? Make sure to fill out this [doodle](#)!



# LOOKING FORWARD

What to keep an eye out for!

Want something added to the monthly newsletter?  
Email [secretary@caerus-ucg.com](mailto:secretary@caerus-ucg.com) before the last Friday of the month.

## UCGO & Discord

UCGO is currently working on organizing an Among Us tournament and is, in collaboration with the Board, building a Caerus Discord Server. If you are interested in helping out with the server or have suggestions or possible channels, feel free to mail Julius at [cao@caerus-ucg.com](mailto:cao@caerus-ucg.com)!

## SOC initiative

Our social committee, SOC, is still working hard to find a way to connect people during this pandemic. While an event was almost announced last month, new COVID measures have lead SOC to reconsider their event. Don't sweat though, you will hear from us soon! Stay tuned!

## Green Office x Orbis

Earlier in block 1, the Green Office and Orbis planned a Deep Talk that, unfortunately, was cancelled due to new COVID measures. Fear not, Orbis is currently working on a new event to replace it and, if you really can't wait, the Green Office has an event coming up on Wednesday the 11th of November, be sure to check out the poster on the next page!

## Online Committee Fair and Pub Quiz

Later this month, we will organise another opportunity for you to get to know our committees! This time around, we will combine the fair with a pub quiz. Make sure to stay tuned and come around once we host the event. Info will be accessible on our social media, but will also be posted in all WhatsApp groups!

## Sleeping Lasagnas x Civitas

Starting soon, Civitas and Sleeping Lasagnas will be sending out Fresh Meal Boxes with ingredients and recipes to cook dishes from around the world! Revenue will support research on Huntington's Disease. More info on the next page!





COLLABORATION

# Sleeping Lasagnas x Civitas

Get your Fresh Meal Box and receive online cooking lessons, discover new recipes from around the world!

DATE: TO BE ANNOUNCED

Price of Fresh Meal Box is 5€, all revenue for Harrie Kampinga, UMGC; Research for Huntington's Disease.



**Thanks for reading this  
month's newsletter!**

This new month also brings the start of block 2, which will be an exciting time to be a Caerus members. All committees are currently gearing up for action, so expect more events than in the past block! If you have any other questions or requests, be sure to contact us at [info@caerus-ucg.com](mailto:info@caerus-ucg.com)

Lots of love and stay safe,  
The 6th Caerus Board

UCG GREEN OFFICE PRESENTS

## MINDFLIX

David Attenborough  
A Life on Our Planet

Wednesday 11th November  
19.30-21.30

teleparty link will be sent in the group chats

