

MARCH 2021

CAERUS NEWSLETTER



14th Edition

WOMEN IN ACADEMIA
Rijksuniversiteit Groningen

An online panel discussion on the opportunities and adversities faced by women in various fields of academia.

Dr. Ritumbra Manuvel
Professor of Law at University College Groningen

Dr. Oksana Kavatsyuk
Lecturer and Tutor at University College Groningen

Dr. Noëmi Péter
Assistant Professor at the Faculty of Economics and Business

Dr. Petra Rudolf
Professor at the Faculty of Science and Engineering

Dr. Geerha Reddy
Professor at the Faculty of Technology and Social Sciences

12 March 2021,
2 - 4 pm

Caerus to the Rescue

11th of March, THURSDAY 5PM

LET'S PLAY

AMONG US

CAERUS
FUTURA

CAERUS STUDY GROUPS

SIGN UP NOW!

COLLABORATION

Sleeping Lasagnas x Civitas

Get your Fresh Meal Box and receive online cooking lessons, discover new recipes from around the world!

10th of March 2021

Price of Fresh Meal Box is 5€, all revenue for Harrie Kampinga UMGC; Research for Huntington's Disease.

coop umco CAERUS Civitas

THESIS WORKSHOP

Wed 24th of March
7-8:30 PM
Blackboard

TopScriptie

EDITION NO. 14

Find out what Caerus has been up to
and what you can look forward to!

The Caerus Newsletter is a monthly newsletter intended to give you all the ins and outs of our Study Association. Informing you on all the Board has done in the past month to better the community and show that we are not just sitting around during these times. In addition, you can read about other awesome stuff such as committee updates, announcements and upcoming events you can participate in. Sometimes you can also find some external opportunities to make use of!

Do not hesitate to contact us if you have any questions or like to add something. Email us at info@caerus-ucg.com



HAPPY BIRTHDAY, CAERUS!

Caerus is turning six years old!



Dear Caerus members,

Happy birthday to us! Happy birthday to us! Happy birthday
dear Caerus! Happy birthday to us! 🎵🎶

Today, on Tuesday the 9th of March, it is Caerus' birthday and the association is turning 6 years old! We are a young and upcoming study association for the wonderful people of the University College Groningen. Growing every year with more people, more committees and more we can offer you.

This (Corona) year has been a hard one, for you, for Caerus, for everyone, but what does not kill you makes you stronger, right?! We are now two committees richer with many amazingly enthusiastic people who run them.

Thank you very much for being a vital part of Caerus!

Sending you love and stay safe,

The Caerus Board



CAERUS MEMORIES

Read here about some of the best Caerus experiences of our members!



From the very start of my UCG career I have been part of Caerus and enjoyed myself tremendously. My best memory must be the amazing jam sessions! Nights with live music, the most amazing atmosphere and always a good dance party afterwards. I still remember the moment we were all just rocking together and it was so cool! Definitely looking forward to those nights again!!



To me, Caerus is what got me out of my shell and what has allowed me to meet new people I otherwise never would have. I would have never imagined myself spending this much time on an association, but honestly; it has been worth it.

Love all of you. <3

I have been part of Caerus since I started UCG. Although I didn't participate in many events in the first year I still really enjoyed the game night, jam sessions and SOC parties! In my second year, I decided to join a committee and this really made me fall in love with Caerus; making new friends with whom you organise (and participate in) events!



BOARD UPDATES

What have we been up to?

**Reminder:
Caerus WhatsApp Group**



There have been many discussions and comments over the years about the event 'spam' in group chats. This is why we have decided to set up a chat to centralise all that one has to know about Caerus. It is called the 'Caerus Events and Updates' chat. We hope of course that you're already in there. If you are not, don't miss out and join the chat via this link <https://chat.whatsapp.com/E0FEmA92HrpGxUnjeaRZXX>

Here some reasons why this chat is an improvement:

Only the Caerus Board and Committee Chairs are admins, meaning that they are the only ones who can send messages. Therefore, there will be no spam and in case you have any more questions you can also find contact information in the chat description.

Make sure to add yourself to the chat to receive all Caerus updates and event information!

Second General Assembly!

Our **second General Assembly** took place on Blackboard Collaborate on the 25th of February at 6 PM to almost 9PM (much longer than planned, our apologies...).

We want to thank everyone who attended and stayed with us till the end. The General Assembly had a packed agenda with many things to discuss and vote upon, and so we did. This caused the General Assembly to go over time a little bit but nothing too bad. Policy Manual changes were voted upon and passed to professionalise the association. We talked about how our goals and visions for Caerus were being achieved this year so far, and lastly we announced two new committees and welcomed them into the associations. FutUra and AmiCaerus are now officially part of Caerus!

Two announcements were made at the end of the General Assembly that we would like to state again, namely; there will be an extra General Assembly later this year to vote upon more policy amendments. The preparations of this will start soon so stay tuned! Secondly, we announced that Caerus received a grant to become a greener association. This money will go to a future gardening committee and Caerus Garden!!



Call to apply for the 7th Caerus Board

Even though we do not really want our exciting Board year to end, we slowly have to start looking for a new Caerus Board of 2021/2022. If you are interested in being on the 7th Caerus Board next association year and would like to manage our lovely study association, let us know! If you would like to have some general information on what it is like to be on the Caerus Board, you can send an email to info@caerus-ucg.com. If you are interested in a certain position and would like to know more, please contact the following people:

Chair (Birgit Eggink): chair@caerus-ucg.com

Secretary (Zoe Reining): secretary@caerus-ucg.com

Treasurer (Eleni Syriopoulos): treasurer@caerus-ucg.com

Committee Affairs Officers:

- Internal committee affairs (Julius Westerhoff): cao@caerus-ucg.com
- Internal committee affairs & UCSRN representation (Eva Douglas):
ucsrnsocial@caerus-ucg.com

External Affairs Officer (Geanne Welp): external@caerus-ucg.com

Don't be afraid to contact us, we are happy to answer all kinds of questions!



Study Groups



Our study group program has not been getting too many sign-ups, so if you were hesitating earlier please sign up here on our [website](#)!

FAA Petition

You might have already read it in the Ukrant but the Faculty Association Assembly - of which Caerus is proudly part - has petitioned the RUG to work on bettering the conditions of its university students in time of corona.

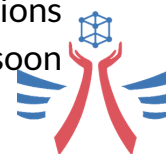
The first win so far has been the higher number of available study places in the UB and other university buildings!

Advisory Council meeting

A few weeks ago, the Caerus Board had its third meeting with the Advisory Council. During this meeting, we did some essential prep for the General Assembly while also discussing some other changes we are planning for the rest of the year. Thanks again to the Advisory Council!

Updating our Privacy Policy

As of now, the sixth board will work on improving Caerus' Privacy Policy to help ensure the professionalisation of the association. For this, we have sought help from the faculty and other associations and are confident to get this done soon and thoroughly.





Green Subsidy



If you have not already heard the fantastic news at our General Assembly, then here it is: Our Green Subsidy Application has been approved by the Green Office Groningen. In our proposal we suggested that Caerus could have its own garden to grow flowers, food and herbs for its own Caerus events. Furthermore, we would like to teach Caerus members a certain way of storing food, called "wacking". The full proposal has been approved which means that we will get refunded an amount of 431,95€ for gardening equipment and preservation material. We aim to slowly get started with the garden in Block 4 with a Gardening Team and then fully start of the Caerus Garden after the summer. We can then transform the Gardening team into a committee. If you love gardening or simply want to learn about gardening, please let us know by sending an email to info@caerus-ucg.com so we can set up a Gardening Team very soon and start buying the materials for our garden!

Here you can find a screenshot of the Green Office's decisions on our application. If you would like to read our full proposal, please let us know by sending an email to info@caerus-ucg.com

Below you will find the assessment of your application.

- **Approved** - Garden material worth €267,95

We really like the idea of setting up your own garden. Garden material is definitely necessary to start this garden.

- **Approved** - Gardening equipment worth €88,10

Similar to above, you do need these materials to maintain the garden. We highly recommend you try and get the equipment second hand. Second-hand equipment is more sustainable in every way and is probably even cheaper as well.

- **Approved** - Harvest preservation containers worth €75,90

We support this idea as well. In order to avoid waste sometimes the harvest needs to be preserved in such containers. Avoiding waste is always a good sustainable goal.



COMMITTEE UPDATES

What your favorite committees have been up to!

Civitas x AmiCaerus: Valentine's flowers

On the 14th of February the lovely AmiCaerus committee delivered almost a hundred flowers to friends, partners and other loved ones of Caerus members all over Groningen and all around Frascati! The event was a huge success and we want to thank everyone who sent a flower!

As of the last General Assembly, AmiCaerus is now an official Caerus Committee and this event has helped this tremendously. Great thanks to all that participated and in particular; Hannah, Julie, Ilse, Noortje and Magdalena!



Valentine's Collaboration

AmiCaerus
X
Civitas

Send a flower to someone on Valentine's day to brighten their day and put a smile on their faces!

New Committees

During the previous General Assembly, we officially inaugurated two new committees: FutUra and AmiCaerus. The former focusses on personal development while the latter focusses on connecting Caerus members with each other and beyond. We are proud of adding these two committees and are looking forward to what they will bring to the table!

Civitas: Hot Chocolate

Civitas set up in the court yard of Frascati to sell some Hot Chocolate and cookies. They did a wonderful job and have managed to add around €80 to the money to give to their chosen charity.

/SLASH/ Leadership Change

Because Mia and Johannes are starting to work on their theses, /SLASH/ has changed leadership. Now Marianne is the Chair and Alice is the Secretary. Congrats! If you want to read what /SLASH/ has written, check it out [here](#)!



Future Visions with Michael Glazer

On the 24th of February, the FutUra committee invited Michael Glazer to be part of their Future Visions interview series. It was a very engaging interview about his interesting university-life and career that followed. The participants asked some nice questions and overall it was not only informative, but also a fun event.



SOC: Crazy 88



SOC's very first event this academic year was a blast! Participants from the different years and houses all set down behind their laptops to complete as many challenges as possible, including the occasional 'Bakken trekken'. With as many as around 10 teams and a total of over 50 participants, we can definitely conclude this as a great success! Do we see you next time as well?

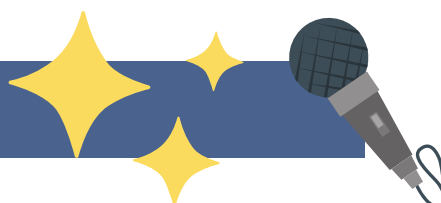
UCSRN Game Night

The UCSRN Game Night was quite a success. Around 40 people from different UC's joined the game night and everyone was able to enjoy themselves with some fun background music. We have already been talking about another session!



UCSRN**University College Student Representatives
of the Netherlands****UCSRN Evaluation meeting**

Last Saturday, on the 6th of March, the Caerus Board had a meeting with the current Executive Board of UCSRN. Initially, the UCSRN Board aimed to travel to all the University Colleges that are members of UCSRN in order to get to know the boards and the associations. Due to Corona, this is unfortunately not possible which is why they invited us for an online meeting. During this meeting, we got the chance to introduce each other and chat with the UCSRN Board members. We also updated them about what has been going on within Caerus and what plans we have for the rest of this year. Finally, they also asked for some feedback on how UCSRN has been doing. We told them that we are generally quite happy with how UCSRN has developed and we thanked them for taking the time to have such a meeting. Further, we pointed out that the new travel reimbursement policy is a major improvement. Our two points of critique were the following: First, they tend to send out important emails quite last minute which does not give us much time to plan or review documents. Second, we did not like how they have handled their board clothing purchase. Since the clothing for the UCSRN Board members is included in the budget, we did not appreciate that they only bought their clothing half-way through the year. The UCSRN Board will take our points of criticism into consideration and kindly thanked us for our feedback. All in all, it was a very successful and fun meeting!

The Voice of UCSRN

Always wanted to participate in 'The Voice'? This is your chance to pick a song you love singing and show your musical talent! Send in your video to convince the judges and your fellow students that you should represent our UC during 'The Voice of UCSRN' finale and compete against the winners of the other UC's! Sign-ups will open on the 15th of March so make sure to keep an eye out. We are also looking for enthusiastic hosts who can introduce the contestants and review them in a fun way. Think you are the person to do this? Send an email to ucsrnsocial@caerus-ucg.com or mucg@caerus-ucg.com





UCTilburg Elections symposium

Maybe you have already seen the billboards with posters in your neighbourhood. Most likely you know what will happen on March the 17th, the Dutch Elections. Extra Muros, Sapiientia Ludenda of the University of Tilburg and UCSRN have joined and are organising the Dutch Elections Symposium. This event, which will take place on the 11th of March at 7PM, is set up to create more awareness for the elections, to gain some knowledge, and to have a good time! The symposium will start with a team-taught lecture given by Gert-Jan Leenkegt and Gerhard van der Schyff, two professors at Tilburg Law School. They will talk about elections by combining philosophical, political and legal perspectives. After the lecture, there will be a discussion in breakout rooms and of course there will be the opportunity to ask the speakers some questions! The event will be held on Zoom, you can join by signing up [here](#).



CURRENT EVENTS & INITIATIVES

Make sure to check these out and sign up!

Caerus to the Rescue



After the COVID-19 outbreak in Frascati, we at Caerus wanted to help out by setting up a system for people to get groceries.

So here is our project "Caerus to the Rescue," where both quarantined and volunteers can sign up to help each other out and make sure Frascati can get through this crisis.

Are you in need of help? Or do you want to help?

For more information and sign-up, [click here!](#)

Civitas x Sleeping Lasgnas: Fresh Meal boxes

Later this week, Civitas and Sleeping Lasagnas will host their second Fresh Meal Box event, this time featuring chickpea curry. Thanks to everyone who signed up! For those who missed this time around, be sure to stay tuned for the next Fresh Meal Box!

GISA Women in Academia

The Groningen Indian Student Association cordially invites you for an online panel discussion on Women in Academia.

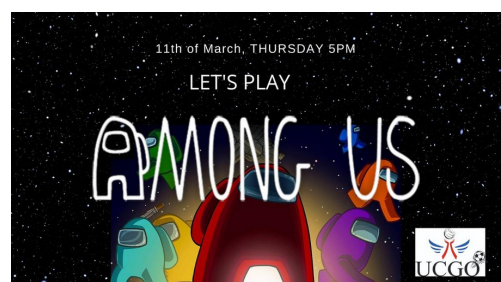
On the **12th of March at 14:00**, we will discuss various questions, from the participants' experiences in academia, to the future of women in their respective fields.

If you would like to know more about the event and the panelists involved, please feel free to peruse the brochure below, and share the poster on your socials.

If you want to join the event, please send us a reply at gisa@rug.nl, or simply sign up for the event [here](#).



UCGO Among Us



Last month, UCGO's Among Us event was a great success, so this week we are repeating it! Please check the event out [here](#) and we hope to see you online on Thursday!



Top-scriptie

Want something added to the monthly newsletter? Email secretary@caerus-ucg.com before the last Friday of the month.

Caerus has set up a brand new partnership with Topscriptie, an organisation that guides students to quickly and successfully complete their thesis. Whether it concerns the correct structure of the thesis, correct language use, formulating a theoretical framework, research methodology, analysing the research results and processing them into reliable conclusions and recommendations, they offer you the help you really need.

To kick-off our new partnership, FutUra has set up a workshop event given by Topscriptie. This event is meant for all students that are starting on their thesis or are working on it already and could use some extra support. This workshop will entail some helpful pointers, examples and gives you the room to ask questions about anything concerning your thesis!

Save the date: **Wednesday, the 24th of March, 7 - 8:30 PM!**

Sign-up on the [website](#)!



CAERUS
FUTURA

THESIS WORKSHOP

Wed 24th of March
7-8:30 PM
Blackboard

TopScriptie

New Internship Possibility: UICCS

The Utrecht Institute for Crisis and Conflict Simulation has reached out to Caerus to inform our members about a possibility for an internship. The UICCS is a student-led institute based in Utrecht that offers interactive learning experiences through crisis simulations and provides innovative insights into conflict through data analysis and academic reports. Currently, they are offering an opportunity for students to develop personal skills through practical experience for students!

Check out our [website](#) for more information!

